

# Learning Journal & Portfolio Pages

*Use these pages weekly or monthly to gently track progress, encourage reflection, and build a keepsake of the teen years.*

## Page 1: Weekly Learning Reflection

Name: \_\_\_\_\_ Week of: \_\_\_\_\_

### 1. What I Learned This Week:

(Write 3–5 things you explored, practiced, or discovered.)

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### 2. Favorite Moment or Lesson:

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### 3. Something I Found Challenging (and how I handled it):

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### 4. One Goal for Next Week:

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### 5. Something I'm Proud Of:

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## Page 2: Skill Tracker

Use this page to list any practical or academic skills you've worked on. Check off or date when practiced.

Skill / Topic	Practiced Date(s) or Notes
Wrote a letter or email	
Cooked a full meal	
Created a budget	
Helped with car or home repairs	
Read a nonfiction article or book	
Volunteered or helped someone	
Memorized Scripture or poetry	
Learned something new online	
Had a meaningful conversation	

**Page 3: Monthly Summary (Use at the end of each month)**

**Books or Articles I Read:**

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**Projects I Worked On:**

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**Life Skills I Practiced:**

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**Questions I'm Wondering About:**

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**One Thing I Learned About Myself:**

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