

Grocery Budgeting Worksheet

Plan your grocery shopping with a budget. Choose 5–10 items you need, estimate their cost, and add them up.

BUDGET AMOUNT: \$ _____

Item 1: _____	Estimated Price: \$ _____
Item 2: _____	Estimated Price: \$ _____
Item 3: _____	Estimated Price: \$ _____
Item 4: _____	Estimated Price: \$ _____
Item 5: _____	Estimated Price: \$ _____
Item 6: _____	Estimated Price: \$ _____
Item 7: _____	Estimated Price: \$ _____
Item 8: _____	Estimated Price: \$ _____
Item 9: _____	Estimated Price: \$ _____
Item 10: _____	Estimated Price: \$ _____

TOTAL ESTIMATED COST: \$ _____

1. Did you stay within your budget? Yes No

2. If not, what would you remove or replace?

3. Were there any needs vs. wants you had to think about?

4. What could you do differently next time to plan better?

Optional Challenge:

Plan two meals using your top 5 items. What will you make?
