

Laundry Routine Tracker

Use this page to plan your weekly laundry schedule.

Days of the Week:

- Monday: _____
- Tuesday: _____
- Wednesday: _____
- Thursday: _____
- Friday: _____
- Saturday: _____
- Sunday: _____

Daily Goals:

- Number of loads: _____
- Type of loads (e.g., darks, whites, towels):

Water Usage Notes:

- Load 1: _____ gallons
- Load 2: _____ gallons

Laundry Area Setup Checklist

Must-Have Items:

- Detergent shelf or storage area
- Laundry baskets or hampers
- Space for sorting clothes
- Drying rack or line
- Folding area (table or bed)
- Hanging space for delicates

Small Space Solutions:

- Collapsible laundry baskets
- Rolling laundry cart
- Stackable hampers
- Over-the-door hooks for drying

How to Hang Laundry Outdoors

Tips:

- Clip shirts upside down at the hem
- Hang jeans and skirts from the waistband
- Group similar items together for quick folding
- Overlap items slightly to save space on the line
- Use drying racks for socks, underwear, and washcloths
- Check pollen count before hanging if you have allergies

Kids' Laundry Responsibility Chart

Age 2-4:

Place clothes in hamper

Match socks

Age 5-7:

Sort laundry by color

Fold towels and washcloths

Age 8-10:

Start washer with supervision

Fold own clothes

Put away laundry

Age 11+ :

Do own laundry start to finish

Fold and organize by type

Help younger siblings

Must-Have Laundry Tools

High-efficiency washer and dryer (if possible)

Drying rack or outdoor clothesline

Mending kit (needle, thread, scissors)

Quality hampers (square or stackable)

Mesh laundry bags for delicates

Gentle detergent and bleach (as needed)

Small bucket for hand washables

Laundry Separation Sorting Guide

Separate by type to preserve clothing:

Towels and washcloths

Darks (jeans, dark shirts, socks)

Lights (pastels, light underwear, white socks)

Whites (bleach loads)

Reds (color bleeds)

Sheets and comforters (bulky items)

Hand washables (check clothing labels)