

If you were free to do anything you wanted to all day what would you do?

What was your favorite thing you did this summer? Why was it your favorite?

Do you know some of the jobs that your parents had when they were younger?

If you could change one thing about your family what would it be?

Name three activities that make you happy.

What is your favorite and least favorite food?

What is one fun thing you hope to do in the next year?

If you had three wishes, what would they be? (You can't wish for more wishes!)

Do you know how your name was chosen, or how your parents name was chosen?

What special talents do you have?

Name a special talent about someone else at the table.

What is your earliest memory?

What would your perfect day be like? Where would you go and what would you do?

Where is your favorite place to have quiet time?

Tell one truth and one lie about yourself. See if we can guess which one is true and what is a lie.

What do you want to be when you grow up?

What is your favorite type of weather?

If you could choose a vacation destination, where would it be?

What is your favorite season?

What is something that you can do for someone else this week?

What will you miss most about winter?

What traits about your mom and dad would you like to have when you are grown up?

Tell me a favorite memory from our family.

What is your favorite tradition for Christmas?

What is your favorite tradition for Thanksgiving?

What are some things that you can do for a person who isn't feeling well. Name three things.

What are two things that you are thankful for?

What is one thing that you did today that helped other people?

Name alphabet gratitude. Begin with letter A and say each letter an item you are grateful for. Example: Apples, bananas, Collin, Dad, etc.

Share something that someone did nice for you this week?

If you had superpowers what would they be and how would you use them to help others?

What is your favorite thing to do outside?

What is your favorite thing to do inside?

What food could you eat everyday for the rest of your life?

If you could eliminate one chore for the rest of your life, what would it be?

If money were not object, what would you ask for your birthday?

What meal would you like to make for our family all by yourself?

What is the best and worst part of your day today?

If you could be trapped in a TV show for a year, which one would it be?

If you were stranded on an island, what three things would you want to have?

Older children questions---we keep these separate for ages 10 and up.

Why do we celebrate the 4th of July? What is your favorite part of the holiday?

Do you think we have too much freedom, or not enough?

Share a person you admire and tell us why you do. Famous or not.

If you could change one thing about your family, what would it be?

What is one skill or thing that you want to change or improve of yourself this next year?

Do you find it easy to say "I love you"?

What is your favorite thing to do in the world and why? How would you feel if you couldn't do it anymore?

Is there someone you know who is having a hard time right now? What might you do to help them know you understand or want to understand how they are feeling?

"Don't judge a man until you have walked a mile in his shoes" What does this phrase mean?

Do you prefer to read or hear?

Do you prefer to listen or speak?

What does "open-minded" mean? Do you know someone who is "open-minded"?

Is it important to show compassion to other people, even if they may not show compassion back?

What makes a good friend?

Tell us one truth and one lie about you. See if we can guess which one it is.

If a friend asks you to keep a secret that you don't feel comfortable keeping, what would you do?

Is it always good to be loyal? When might it not be?

What three words would you use to describe our family?

Think about someone our family knows that could use a helping hand. Who is it and what can we do to help?

What is one act of kindness that you have done for someone in the last few weeks?

If someone gives you a present and you do not like or want it, what are some ways to respond?

What is your best personality trait?

Would you rather work in a group or by yourself?

What does it mean to be inspired?

When you do something nice for someone else, how does it make you feel?

What is your greatest talent?

Teddy Roosevelt said, "Do what you can, with what you have where you are." What does this mean to you?

What will life be like when you, the child are the age of your parents?

What do you daydream about?

Where do you think you will want to live when you grow up?

What fear would you like to overcome?

If you never had to work for money, what would you want to do as an adult?

If you could invent a machine to do something in your life, what would that machine do?

If you could stay up all night, what would you do?

If you had the chance to leave Earth, would you? What are some things you would miss the most?

Imagine you are in the woods by yourself for a whole day. Where would you sleep and what would you eat?

What are some things you could ask other people to do for you. What would happen if they stopped doing those things?

During what part of your day do you feel most anxious and rushed? How could we change that?

Where do you feel most relaxed?

What is the most beautiful place you have ever seen?

What is the hardest thing about being ___years old?

What is the best thing about being ____years old?

Would you rather be rich or famous?

What is your favorite form of exercise?

What is your favorite outdoor activity?

What do you love most about being a part of this family