

101 Ways to Save Energy

Indoor Energy-Saving Tips:

1. Use LED bulbs throughout your home.
2. Unplug electronics when not in use.
3. Wash clothes in cold water.
4. Use power strips and turn them off when not in use.
5. Switch to a smart thermostat.
6. Seal windows and doors to prevent drafts.
7. Close vents in unused rooms.
8. Use natural light whenever possible.
9. Install ceiling fans to reduce AC usage.
10. Dry clothes on an indoor rack or outdoor line.

Outdoor and Solar Energy Tips:

11. Install solar-powered outdoor lights.
12. Use solar chargers for small devices.
13. Plant trees to shade your home.
14. Use a pool cover to retain heat.
15. Switch to solar panels if possible.
16. Install a clothesline for air-drying laundry.
17. Collect rainwater to reduce electric water pump use.
18. Use reflective roof coatings to keep the home cooler.
19. Place timers on outdoor lighting.
20. Choose solar-powered garden features.

Appliance Energy-Saving Hacks:

21. Run full loads in your dishwasher and washer.
22. Use an energy-efficient refrigerator.
23. Clean dryer vents regularly.
24. Keep your freezer full to retain cold air.
25. Cook with a slow cooker, pressure cooker, or air fryer.
26. Match pot sizes to burners to avoid heat loss.
27. Use the residual heat from the oven for warming dishes.
28. Replace old appliances with ENERGY STAR models.
29. Avoid using the oven during peak heat hours in summer.
30. Use the toaster oven for small meals.

Eco-Conscious Habits:

31. Turn off lights when leaving a room.
32. Use blackout curtains to insulate windows.
33. Limit space heater use.
34. Dress appropriately for the season indoors.
35. Use a microwave instead of an oven for small meals.

36. Close curtains at night to trap warmth in winter.
37. Open windows for natural ventilation in spring.
38. Use light-colored paint to reflect natural light.
39. Unplug chargers when devices are fully charged.
40. Place rugs on cold floors for insulation.

Cost-Saving Tips with Utilities:

41. Take advantage of off-peak electricity rates.
42. Apply for energy rebates from your utility provider.
43. Track energy use with a smart meter.
44. Switch to a renewable energy plan if available.
45. Conduct a home energy audit.
46. Insulate walls and floors for better temperature control.
47. Lower water heater temperature to 120°F.
48. Use zone heating instead of heating the entire home.
49. Install a smart home energy monitoring system.
50. Use rechargeable batteries instead of disposables.

Energy-Saving Travel and Vehicle Tips:

51. Keep tires properly inflated to save fuel.
52. Use cruise control on highways.
53. Carpool whenever possible.
54. Switch to an electric or hybrid vehicle.
55. Plan errands to reduce trips.
56. Walk or bike for short distances.
57. Combine errands into one trip.
58. Use public transportation when possible.
59. Limit idling time to reduce fuel waste.
60. Keep your car engine properly tuned.

Energy Waste Prevention:

61. Replace old insulation in your attic.
62. Use a water heater timer.
63. Cover pots while cooking.
64. Defrost your freezer regularly.
65. Turn off the oven a few minutes before food is ready.
66. Use motion-sensor lights outdoors.
67. Add weather stripping around windows and doors.
68. Install outlet gaskets to reduce drafts.
69. Use fans to circulate air instead of adjusting the thermostat.
70. Clean refrigerator coils twice a year.
71. Close fireplace dampers when not in use.
72. Store hot food in insulated containers instead of reheating.
73. Use LED holiday lights.
74. Limit use of decorative lighting.
75. Lower blinds during hot summer afternoons.

76. Turn off computers and monitors when not in use.
77. Use laptops instead of desktop computers for less energy use.
78. Set electronics to sleep mode instead of screen savers.
79. Use thermal curtains in winter.
80. Store frozen items together to retain cold air longer.
81. Wash clothes in large batches to reduce energy cycles.
82. Use air-dry settings on dishwashers.
83. Insulate water heater pipes.
84. Use dimmer switches where possible.
85. Adjust refrigerator temperature to the recommended setting.
86. Skip the heated dry cycle on dishwashers.
87. Use an electric kettle instead of boiling water on the stove.
88. Install attic fans to regulate heat buildup.
89. Upgrade to double-pane windows.
90. Switch to a tankless water heater.
91. Use door draft stoppers to prevent heat loss.
92. Plant shrubs around the foundation for insulation.
93. Repair or replace broken HVAC ducts.
94. Upgrade HVAC filters regularly.
95. Position refrigerators away from heat sources.
96. Wrap water heaters in insulation blankets.
97. Switch outdoor lights to solar-powered versions.
98. Avoid overloading circuits to reduce energy loss.
99. Use a programmable coffee maker with an automatic shut-off.
100. Participate in demand-response programs if offered by your utility company.
101. Share these tips with family and friends to multiply energy savings.