

Monthly Planner and Family Planner

Download or write on a calendar.

Important dates and Events

- Birthdays
- Appointments
- School events

Meal plan focus

- Weekly meal themes
- Batch cooking
- Leftovers

Home organization task

- Declutter one space per week
 - Example 1 closet
 - Pantry
 - Dresser, etc

Self-Care/ Family Time

- Schedule time for yourself
- Schedule family activities