

10-Minute Cleaning Challenge Checklist

Minute 1:

- Pick up and put away clutter in the main living area

Minute 2:

- Wipe down kitchen counters and sink

Minute 3:

- Sweep or vacuum high-traffic areas

Minute 4:

- Wipe bathroom sinks and mirrors

Minute 5:

- Gather and empty trash cans

Minute 6:

- Quickly tidy up entryway and shoes

Minute 7:

- Fluff pillows and straighten furniture

Minute 8:

- Dust visible surfaces (tables, shelves)

Minute 9:

- Load or unload the dishwasher

Minute 10:

- Do a final walkthrough and reset any out-of-place items