

Quick Meal Ideas

1. **Fettuccine Alfredo**
 - Cook pasta and toss with jarred Alfredo sauce. Add chicken or broccoli for variety.
2. **Grilled Cheese and Tomato Soup**
 - Pair classic grilled cheese sandwiches with canned tomato soup.
3. **Quesadillas**
 - Fill tortillas with shredded cheese and leftover chicken or beans. Cook in a skillet until crispy.
4. **Breakfast for Dinner**
 - Serve scrambled eggs, pancakes, or omelets with toast for a comforting meal.
5. **Tacos**
 - Use pre-cooked ground beef or shredded chicken with tortillas, lettuce, cheese, and salsa.
6. **Stir-Fried Rice**
 - Combine leftover rice, scrambled eggs, frozen veggies, and soy sauce for a fast stir-fry.
7. **Baked Potatoes with Toppings**
 - Top baked potatoes with chili, cheese, sour cream, or sautéed vegetables.
8. **Pasta with Marinara Sauce**
 - Toss cooked pasta with jarred marinara and sprinkle with Parmesan cheese.
9. **Loaded Nachos**
 - Layer tortilla chips with shredded cheese, beans, salsa, and leftover meat. Heat in the oven.
10. **Sloppy Joes**
 - Cook ground beef or turkey, mix with BBQ or Sloppy Joe sauce, and serve on buns.
11. **Homemade Pizzas**
 - Use tortillas, English muffins, or pita bread as a base. Add sauce, cheese, and toppings.
12. **Chicken Caesar Wraps**
 - Toss cooked chicken with Caesar dressing and wrap with lettuce in a tortilla.
13. **Soup and Sandwiches**
 - Pair hearty canned soup with a turkey, ham, or grilled cheese sandwich.
14. **Chili**
 - Combine canned beans, diced tomatoes, and ground beef with chili seasoning for a quick, hearty meal.
15. **Pasta Salad**
 - Mix cooked pasta with chopped vegetables, cheese, and Italian dressing.
16. **Chicken Salad**
 - Mix shredded chicken with mayo, celery, and grapes. Serve as a sandwich or with crackers.
17. **Pulled Pork Sliders**
 - Use store-bought pulled pork, heat with BBQ sauce, and serve on slider buns.
18. **Veggie Stir-Fry**
 - Sauté fresh or frozen vegetables in sesame oil with soy sauce. Serve over rice.
19. **Tuna Melts**
 - Mix canned tuna with mayo, top on bread with cheese, and broil until melted.
20. **Hot Dogs and Tater Tots**
 - A quick classic! Serve hot dogs with oven-baked tater tots.