

Menu 1

- sloppy joes or sloppy joe casserole
- homemade macaroni and cheese
- canned vegetable, peas
- canned fruit, unsweetened applesauce

For the sloppy joes—cook 1 lb of ground beef and add 1 can of sloppy joe sauce to it. Serve on hamburger buns.

For sloppy joe casserole—cook 2 lbs ground beef and add 2 cans of sloppy joe sauce and mix. Pour into 9 x13 baking pan and top with bag of tater tots. Bake 350 for 30 minutes.

For macaroni and cheese---cook 1-16 oz package of macaroni until almost done. Drain and pour noodles into 9 x13 baking pan. Pour in 2 cups of milk, 2 cups shredded cheese, and 2 inch chunk of processed cheese cubed. Sprinkle on some salt and pepper. Stir gently. Cover with foil and place in oven 350 for 30 minutes.